Make it a Grand Finale!

Congratulations! The end of your first semester at the U of M is almost here. While you’re making plans to study, don’t forget to set aside time to celebrate this accomplishment!

The Shift

At this point in the semester students are finishing classes while thinking about the future. Connect with your U of M community and let us support you as you work toward your goals.

The end is near, keep going!

- Make an appointment with Student Writing Support for help with your final papers. (Beware, time slots fill up fast this time of year!)

- SMART Learning Commons provides tutoring, help with media projects, research projects, and a test bank.

- Stop by Exam Jam, Saturday, December 9 - Monday, December 11, for extra study support and snacks to keep you energized!
Some U of M Libraries are open 24 hours a day and offer stress-busting activities until the end of the semester. Take advantage of the additional study time and support!

The U of M Libraries also offers a great assignment calculator to help you break down your projects and papers into manageable steps.

Manage the Stress of Finals

- Effective U offers great resources to help you manage your stress, manage your time, and help you prepare for exams.
- Boynton also offers free yoga, tai chi, and Pilates classes throughout the school year. Stop by to relax and clear your mind.
- Did you know that animals can help ease anxiety and stress? Check out PAWS during the school year to relax and play with therapy animals.
- Learn about stress and helpful University resources on the Student Mental Health website.

Be a Transfer Student Ambassador

Want to make an impact? Want to give back to the U? Want to help new transfer students? Apply to be a Transfer Student Ambassador (TSA). Applications are due February 15. Visit the Orientation & First-Year Programs website for more information.

Goldy's Reminders

Register for a Grand Challenge Course!

Grand Challenge courses are interdisciplinary courses, co-taught by exceptional U of M faculty that explore current global grand challenges such as disease, climate change, renewable energy, and more! All GCC courses meet an LE requirement and many fulfill major requirements. Check with your academic advisor.

Spring U-Pass on Sale NOW

Purchase your spring U-Pass before you finish finals and leave campus for winter
break. U-pass costs $114 for unlimited rides on city buses and light rail. **Order online** today!

**Undergraduate Roommate Finder**

Don’t know who you are going to live with next year? Use the **UMN Undergraduate Roommate Finder**. This free service allows you to search for other UMN students looking for roommates in an off-campus living setting.

**Join an Honors Society**

**Tau Sigma National Honor Society**, an honor society exclusively for transfer students, has a U of M chapter! After fall grades post, invitations will be sent to students who are eligible to become members.

**Stay 'In The Know’**

As a reminder, this is the last TSE Monthly for your transfer transition. Stay up-to-date with the latest news and information by reading the Undergraduate Update (UU). The UU is sent to you via email bi-weekly and has a lot of great information.

**Share Your Voice**

Join the University Transfer Student Board (UTSB). Members of UTSB create a space for transfer students to provide student perspective on important issues facing the transfer community. Meetings are open to all transfers! Visit the **UTSB website** or email **utsb@umn.edu**.

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**Upcoming Events**

**Campus Events**

Be sure to check your MyU portal and read the Undergrad Update for important news and updates and visit the **Student Unions & Activities** website and **U of M calendar** for information on upcoming campus events.
This Transfer Student Monthly is sent by the Office of Undergraduate Education and the Transfer Student Experience in an effort to educate and support transfer students during their transition at the U of M. To view previous mailings, click here. More resources and information is available at transfer.umn.edu.

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